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INSTALLATION GUIDE



Poly Motor Mounts for Ford FE Blocks

P/N: TCP MM-FD-01



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DESCRIPTION:

MOTOR MOUNTS WITH POLY BUSHINGS FOR FORD FE BLOCKS (390, 427 and 428). CONTAINS 1 DRIVER AND 1 PASSENGER SIDE MOUNT WITH INSTALLED BUSHINGS AND FOUR FRAME ADAPTERS.

APPLICATIONS:

FITS 1967-1970 COUGAR AND 1967-1970 MUSTANG

PARTS LIST

Part #	Description	Qty
3100-038C3.50Y	Bolt 3/8-16 x 3-1/2" Hex Head Cap Screw	4
3100-044C1.25Y	Bolt 7/16-14 x 1-1/4" Hex Head Cap Screw	8
3100-050C3.75Y	Bolt 1/2-13 x 3-3/4" Hex Head Cap Screw	2
3101-038-16C	Locknut 3/8-16 Nylon Insert	4
3101-050-13C	Locknut 1/2-13 Nylon Insert	2
3107-038S-C	Washer 3/8 Flat SAE .406 x .812 x .065	8
3107-044S-C	Washer 7/16 Flat SAE .469 x .922 x .065	8
3107-050S-C	Washer 1/2 Flat SAE .531 x 1.062 x .095	4
3108-044L-C	Lock Washer 7/16	8
7901-002	Motor Mount Frame Adapter	4
7901-005	Poly Bushing 1.645 OD1 x 1.265 OD	4
7901-006	Sleeve 3/4 x .120 DOM x 1.750	2
7901-009	Spacer .50 x 1.63 x .25 Thick	4
7901-022	Motor Mount Driver Side	1
7901-023	Motor Mount Passenger Side	1

INSTRUCTIONS

REMOVAL

1. Disconnect the negative terminal of the battery to prevent any short circuits.
2. Support and secure the weight of the motor using a floor jack, cherry picker, or lift.
3. Remove the bolt connecting the factory motor mount to the frame mount. To ensure the engine is secure in the vehicle at all times, we recommend removing only one motor mount at this time.
4. Raise the motor to allow access to the factory mounting bolts.
5. Remove the factory motor mount and frame bracket.

INSTALLATION

1. Loosely bolt the two frame brackets to the shock tower using the two 3/8" bolts supplied. Only two of the three holes will be used for this step.
2. Using the 7/16" x 1-1/4" bolts, fasten the motor mount assembly to the engine block.
3. Lower the engine into position.
4. Insert the spacers between the bushings and the frame brackets.
5. Insert a 1/2" bolt through the assembly as shown in the diagram below.
6. Torque Values: 3/8" = 30 lb/ft; 7/16" = 50 lb/ft; 1/2" = 75 lb/ft
7. Repeat procedure for remaining mount.

